Free Reformed Soccer League Discipline Guidelines

Senior Men and Women Divisions 2011

For the Senior Men and Women Divisions, the Free Reformed Soccer Association has implemented the following discipline guidelines with the aim of improving the standard of fair-play within our Christian soccer league.

a) **THREE Official Cautions**

A player who accumulates three (3) cautions (yellow cards) within a period of one playing season shall be automatically suspended without hearing and without appeal from the player's following league or cup game, whichever comes first. After having served the (1) one game suspension, the player shall be eligible to resume play unless notified that further disciplinary action is being applied. The (1) one game suspension shall be carried from one season to the next if not served prior to the completion or the season in which it was accumulated. If a player receives two cautions in one match and consequently is suspended the cautions shall NOT become part of the caution accumulation. The two cautions automatically constitute an automatic suspension.

b) **FIVE Official Cautions**

Having accumulated the cautions as per paragraph "a", players receiving a further two (2) cautions (yellow cards) in the current season shall be required to serve a (1) one game suspension which must be served in the player's following league or cup game, whichever comes first. The (1) one game suspension shall be carried from one season from one season to the next if not served prior to the completion of the season in which it was accumulated.

c) **SIX Official Cautions**

Having accumulated the cautions as per paragraph "a" and "b", players receiving a further single caution (yellow card) in the current season shall be required to serve a (2) two game suspension which must be served in the player's following league or cup game, whichever comes first. The (2) two game suspension shall be carried from one season from one season to the next if not served prior to the completion of the season in which it was accumulated.

d) **SEVEN Official Cautions**

Having accumulated the cautions as per paragraph "a" "b" and "c", players receiving a further single caution (yellow card) in the current season shall be required to serve a (3) three game suspension which must be served in the player's following league or cup games, whichever comes first. The game suspension shall be carried from one season from one season to the next if not served prior to the completion of the season in which it was accumulated.

e) **EIGHT Official Cautions or MORE THEN SEVEN (7) WEEKS SUSPENSION IN A SEASON**

If a player has had more then seven weeks of suspension, either through the above schedules or by a mixture of red and yellow cards the player will be expelled for the season. In the next season the player nominates to play the player will be on a good behaviour notice. If s/he again is suspended expelled through the above laws the player can never be a member of the FRSL again. This can be overruled by the full majority of the Executive Committee.

f) **2 OR MORE AUTOMATIC SUSPENSIONS**

If a player receives two or more automatic suspensions throughout the season either with 2 cautions in one match (1 match suspension) or a direct red card (2 match suspension) the player will receive an extra match suspension. This will mean if the player who has already received an automatic suspension has a game with 2 cautions s/he shall serve a 2 match suspension. If the player received a red card the player shall serve a 3 match suspension. The above notice in (d) still applies.